

## Westside United Striker's Camp

Westside United will be hosting a striker's camp that will work on improving each individual's goal scoring ability through technique and repetition. During the camp, each player will learn a variety of ways to put the ball in the back of the net while incorporating the technique of how to properly strike a ball with power and placement. Players are expected to get around 200 to 400 strikes on the ball during each session. Each day will be a different way of finishing as the coaches will manipulate the environment to ensure that each player is getting well rounded instruction and seeing the many different ways and techniques that lead to goal scoring success. The camp will be instructed by Josh George, Director of Coaching, and will use a variety of coaches from within Westside United FC who have played the game at the college level or beyond. Below are more details on the camp:

Age Group	Dates	Times	Location
U7-U10 Boys and Girls	July 23-26	6:00-7:00pm	Dan Jones Complex
U11-U14 Boys and Girls	July 23-26	7:10-8:10pm	Dan Jones Complex
U15-U19 Boys and Girls	July 23-26	8:20-9:20pm	Dan Jones Complex

All players are expected to wear cleats, have a soccer ball, and bring water to each session. No shin guards required.

The camp is open to Westside United members as well as non-Westside United members. *Registration deadline is July 20,2018.* Cost of the camp is \$100 for Westside United members and \$110 for non-Westside United members. Each time slot will be limited to 20 members so please register as soon as possible before slots fill up. Please mail all checks and registrations to **1886 Quinn Creek Drive Brownsburg, IN 46112** along with the information below. Make checks out to Westside United FC. Please email Todd Frost at <u>utdburnfc@msn.com</u> if you have any questions.

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Age-

Address-

E-mail-

Phone-